

# Spring 2023 Afternoon Enrichment Classes

January 30 - April 26 | 4:30pm - 5:30pm



## Contact Us!



**Fine Arts & Enrichment Coordinator**

DeNae Cortez

[dcortez@highpointvillage.org](mailto:dcortez@highpointvillage.org)

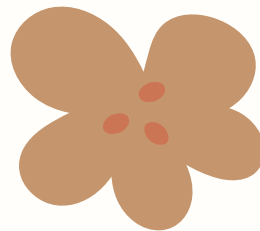


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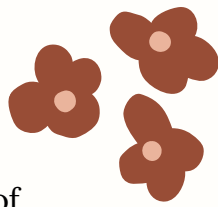
6223 CR 6300

Lubbock, TX 79413



# Monday

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## **Praise & Worship/Devotional (FREE)**

This weekly meetup will include 30 minutes of devotional and 30 minutes of worship. No fee, but registration is still required!

## **Life Skills with TTU OT Students (\$90)**

Join OT students to achieve skills such as budgeting, shopping, meal preparation and planning, coping with stress, community access, assertiveness, and self-advocating.

## **Arts & Crafts with TTU Med Students (\$90)**

Clay painting, and drawing are only a few things you will get to do in this class. Come, craft, create!

## **Cooking with Tracee (\$100)**

Join Tracee in a cooking class! Your Villager will learn a new recipe each week as well as how to use kitchen equipment and keep their area clean. Come and learn essential skills for everyday living.

# Tuesday

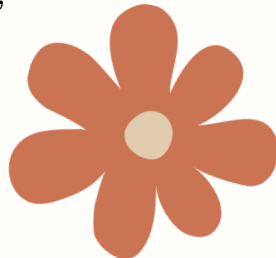
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## **Communication Enhancement (\$200) \***

Villagers will engage in therapeutic goals by using their voices to meet their full potential through socialization, playing games, preparing for the work environment, and communicating with their peers and individuals within the community. *The students from the Speech-Language and Hearing Clinic at the Texas Tech Health Sciences Center will facilitate this group with supervision from Lisa Gore, Speech-Language Pathologist. Ages 12+*

## **Girl Code (\$80)**

Calling all ladies! Come connect and have fun with friends while learning the ins and outs of girl time.



## **Dance Abilities with Ballet Lubbock (\$80)**

This class will blend classical ballet techniques and music activities within a fun, positive, and empowering atmosphere! We will move to different types of music, create with props, gain strength in our bodies and confidence in our hearts!

## **Origami & Paper Crafting (\$90)**

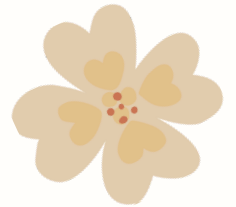
Learn the beautiful Japanese art of folding paper into decorative shapes and figures.

## **Book Club (\$80)**

Calling all book lovers! Join us for this fun book club as we dive into two new books.

# Wednesday

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## **Caregiver Support Group (FREE)**

Connect with other Villager caregivers in this parent led support group. Featuring presentations by our Social Worker Natalie Hendrix.

## **Perler Art (\$90)**

Learn various patterns and techniques for making specialty perler art designs.

## **Sports & Fitness (\$80)**

Sports & fitness lovers participate in a new sport or fitness activity weekly with Cade.

## **Carpentry with Craig (\$90)**

Villagers will practice perseverance & focus as they learn wood-working skills through unique projects. Let's build together!

## **Board & Card Games (\$80)**

Game lovers unite! Come learn a new card or board game every week in this social and fun class.

**\*To register for Communication Enhancement, please contact Grace Gomez at [ggomez@highpointvillage.org](mailto:ggomez@highpointvillage.org)**